

1. Describe Your Experience

- Explain the reason for your visit (routine checkup, a specific health issue, etc.).
- Include details about your interaction with the doctor (Were they attentive? Did they explain things clearly?).
- Mention whether the doctor made you feel comfortable and listened to your concerns.

2. Evaluate the Care Provided

- Comment on the doctor's professionalism, knowledge, and bedside manner.
- Discuss the thoroughness of the exam or treatment and whether they addressed all your questions or concerns.

3. Mention Outcomes or Improvements

- If applicable, describe how the doctor's treatment or advice helped improve your condition or health.

4. Highlight Strengths and Areas for Improvement

- Mention what stood out positively (e.g., empathy, follow-up care).
- If needed, note any areas where the experience could have been better.

5. Keep it Constructive

- If providing criticism, keep it polite and specific, focusing on facts rather than feelings.

6. Conclude with a Recommendation

- End by stating whether you would recommend this doctor to others and why.

These steps will help create a balanced and useful review for future patients.

If you are having a hard time putting your thoughts into words, try using AI to help. You can write out some stream of consciousness thoughts about your experience and use this [ChatGPT link](#) to transform it into a useful review that others can use to make an informed decision!